



**“She thinks I’m the strongest man alive.  
And you made that a reality.”**

## Optimizing Outcomes for Patients With Psoriatic Arthritis



**19:30 - 22:10**  
UAE TIME



**20 MAY,**  
**THURSDAY, 2021**



**Intercontinental Festival City**

### Speakers Faculty



**Dr. Helena Marzo-Ortega**

Consultant Rheumatologist

Honorary Senior Lecturer at NIHR Leeds  
Musculoskeletal Biomedical Research Unit



**Dr. Bhavna Khan**

Consultant Rheumatologist at  
Kings College Hospital Dubai



**Dr. Ahmed Zayat**

Consultant Rheumatologist

MBBCh, MSc, MD, MRCP (UK), CCT (UK).



**Dr. Ghita Harifi**

Rheumatologist/ French certified  
MSK Ultrasonographer / Chair  
of educational affairs at APLAR  
young Rheumatologists group



**Dr. Philip Helliwell**

Consultant Rheumatology  
Associate Professor in Rheumatology at  
the University of Leeds, UK, and Honorary  
Consultant Rheumatologist for the Leeds  
Teaching Hospitals and Bradford Teaching  
Hospitals NHS Trust.



**Dr. Waleed Alshehhi**

M.D, FRCPI | MRCPI Examiner  
MSUS Teacher | Secretary  
Genral ArLAR  
HOD Rheumatology at Suliman  
AlHabib Hospital

### AGENDA

| Time                           | Topic  | Speaker                 |
|--------------------------------|--|-------------------------|
| 19:30 - 20:00                  | Resetting our Expectation in Axial PsA Management                            | Dr. Helena Marzo-Ortega |
| 20:00 - 20:30                  | Axial PsA in clinical practice   | Dr. Bhavna Khan         |
| 20:30 - 21:00                  | Effect of Sec on joints synovitis via PDUS                                   | Dr. Ahmed Zayat         |
| 21:00 - 21:10                  | Break  | All                     |
| 21:10 - 21:40                  | Case Discussion on PsA with Peripheral Arthritis                             | Dr. Ghita Harifi        |
| 21:40 - 22:10                  | Achievement of Sustained Remission and Low Disease Activity with Secukinumab | Dr. Philip Helliwell    |
| Chairman: Dr. Waleed Al Shehhi |  |                         |



جمعية الإمارات  
لأمراض المفاصل والروماتيزم  
EMIRATES SOCIETY FOR  
RHEUMATOLOGY

**Annual Meeting**

**2021** 20-22 May  
InterContinental Dubai - Festival City  
United Arab Emirates



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**NOVARTIS** | Reimagining Medicine